

Doctor Visit Discussion Guide

Relief from painful diabetic neuropathy



Congratulations! Based on your survey responses you may be a good candidate for HFX!

In This Guide:

- Next steps, about HFX, and FAQs
 - Questions for your doctor
 - For your doctor: referral form & guide
- **Save or print this guide and bring it to your next appointment.**

Nevro HFX™ is the most effective treatment for painful diabetic neuropathy, providing significant long-term relief when prescription medications fall short.¹⁻²



“ I have all this relief and I take zero medication for my diabetic neuropathy. It’s unbelievable not having the side effects of those pain medications. I feel like I have a future.”

– Neil

Your Next Step



Schedule a consultation with an HFX-trained doctor.

Your HFX Coach™ will call you from [1-844-331-1001](tel:1-844-331-1001) and connect you with a doctor in your area to schedule an HFX consultation.

What if I didn't provide my number?

Not to worry! You can call [1-844-331-1001](tel:1-844-331-1001) and request a callback.

Thank you but I don't need help...

You can simply search your zip code and find an HFX-trained doctor near you at HFXforPDN.com/find-a-physician.

Scan this code to find a physician:

(Scan this code with your phone's camera)



➤ Print, save, or email this guide.

Review this guide and bring it with you to your HFX consultation.

If you have an appointment with your primary care doctor before your HFX consultation, give pages 7 and 8 to your primary doctor in case a referral is needed.

[Learn about the 5 steps to HFX:](#)



Who is your HFX Coach?

Your HFX Coach is available to answer your questions and connect you with an HFX-trained doctor.

Save

1-844-331-1001

in your phone so you don't miss
your HFX Coach call:



How it Works

Diabetic neuropathy is a type of nerve damage and those damaged nerves are overproducing and sending abnormal pain signals to your brain.

HFX is a small device that works inside your body to quiet those pain signals day and night.

In a one-week temporary trial, you can see how HFX relieves your pain.

See how HFX relieves painful diabetic neuropathy:



Or visit

HFXforPDN.com/vlp/how-does-Nevro-HFX-work/



**HFX is safe and
FDA-approved**



**Reduce your pain
and improve your sleep¹**



**You try HFX first
before you decide**

All Major Health Insurances Cover HFX

HFX is covered by all major insurance plans, including Medicare & Medicare Supplemental plans, Medicaid, and VA/Tricare.

Who is a Good Candidate for HFX?

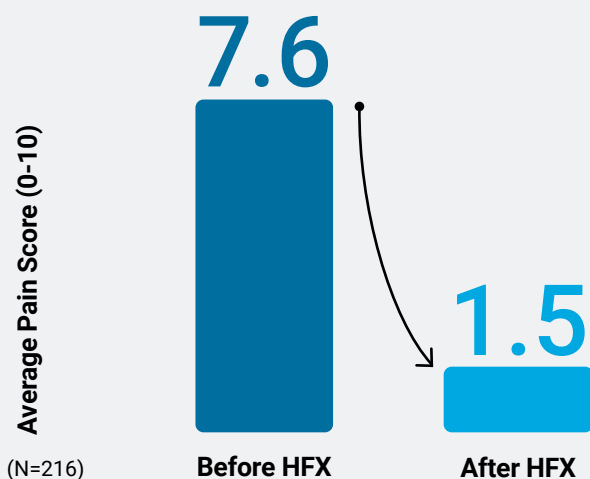
- ✓ You've been diagnosed with diabetic neuropathy
- ✓ You have pain in your feet or legs
- ✓ After trying 2 or more prescription medications: you still have pain or would like to avoid the side effects you're experiencing

HFX has helped over **100,000** people worldwide find long-term pain from chronic pain.

Clinically Proven Pain Relief

9 out of 10 people that weren't able to get relief from prescription medications, now experience significant long-term relief with HFX.¹

80% improvement in pain scores¹



Most people also experienced improved feeling in their feet.¹



Frequently Asked Questions

1 What is Nevro HFX? Is it safe? FDA-approved?

Nevro is the manufacturer of HFX: a small FDA-approved device that works inside your body to quiet the pain signals.

HFX has been proven to safely treat chronic pain for over 10 years in over 100,000 people. The procedure is minimally invasive & outpatient, which means you'll go home the same day.

In 2021 HFX was approved by the FDA specifically for painful diabetic neuropathy.

2 Is HFX covered by insurance?

Yes, HFX is covered by major insurance plans, including Medicare and VA/Tricare.

3 I've tried everything else. Why should I try this?

HFX is the most effective treatment for painful diabetic neuropathy, 9 out of 10 people found relief with HFX, even when conventional treatments, like prescription medications, didn't work.^{1,2}

4 Where can I get HFX?

HFX is offered nationwide. When your HFX Coach calls, they'll help you find an HFX-trained doctor near you, or if you prefer, you can find one near you at [HFXforPDN.com/healthcare-providers](https://www.hfxforpdn.com/healthcare-providers).

5 What are HFX-trained doctors?

Your HFX-trained doctor won't replace your primary doctor. HFX-trained doctors are usually pain management specialists or neurologists that have training and experience with the minimally invasive procedure to implant HFX.

6 What if I didn't provide my phone number or I miss your call?

Not to worry! You can call [1-844-331-1001](tel:1-844-331-1001) and request a callback.

7 Can I get an MRI with HFX?

Yes, with HFX you can safely have a full-body MRI scan.*

8 How long does the HFX battery last?

The HFX battery is designed to last at least 10 years. Once it is running low, the HFX battery is replaced during a simple outpatient procedure.

* Within conditional parameters. Refer to [Nevro HFX MRI Guidelines](#) for detailed information on MRI safety and conditions.

Ask These Questions at Your Next Appointment:

- 1 I'm still experiencing significant pain from my diabetic neuropathy, and/or side effects from the prescribed medications.
 - Is there anything else we could try?
- 2 How much longer do we wait before trying something else?
- 3 Are you aware of a new FDA-approved nondrug treatment for painful diabetic neuropathy (PDN) called Nevro HFX?
(If no, see pg 8 for more information. Providers can also learn more & review published clinical trial data at [HFXforPDN.com/healthcare-providers](https://www.HFXforPDN.com/healthcare-providers))
- 4 Do you think I might be a good candidate for HFX to treat my PDN?
(Provider: see pg 8)
- 5 Do you offer Nevro HFX at your practice?
(If your provider doesn't offer HFX, ask for a referral — see page 7)

Add your questions below:

For Referral: Print and Give This Page to Your Provider at Your Appointment

Nevro HFX Referral Form

Evaluate and treat the patient below for a Nevro HFX trial for the treatment of painful diabetic neuropathy:

First and Last Name: _____ Primary Insurance: _____

Date of Birth: _____ Phone Number: _____ Email: _____

Answer the Questions Below with Your Patient:

How long have you been experiencing painful diabetic neuropathy?

Less than 6 months

6 months to 1 year

1 to 2 years

More than 2 years

What have you already tried to manage your pain?

Prescription Medications (list all)

Yes No

Topical Treatments

Yes No

Exercise/Physical Therapy

Yes No

TENS Unit

Yes No

Lifestyle Changes

Yes No

Other

Yes No

Treatment/Effectiveness Notes:

What is your average level of daily pain? (Circle one)

1

2

3

4

5

6

7

8

9

10

No Pain

Moderate Pain

Worst Pain Imaginable

Should any of the information above require clarification, please feel free to contact me:

Referring Dr. Name: _____ Fax Number: _____

Phone Number: _____ Email: _____

Where do you want information sent?

Preferred Physician for Referral 1: _____

Preferred Physician for Referral 2: _____

Refer to a pain specialist for consideration of Nevro HFX

To find a pain physician experienced with HFX visit HFXforPDN.com/find-a-physician

Or scan this code:



Referral Guide for Nevro HFX

Good Candidates for Nevro HFX:

- Diagnosed with diabetes
- HbA1c is less than or equal to 10%
- Diagnosed with Diabetic Neuropathy & experiencing pain in lower limbs
- Refractory to Conventional Medical Management (still has pain or limiting side effects after trying 2+ prescribed PDN medications)
- Deemed to be medically suitable for the procedure

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Or scan this code:



90% of patients have substantial, durable pain relief¹



80% average pain relief at 24-months¹



92% of patients were satisfied with their treatment¹

All Major Health Insurances Cover Nevro HFX

HFX is covered by all major insurance plans, including Medicare & Medicare Supplemental plans, Medicaid, and VA/Tricare.

For more clinical publications visit [Nevro.com/English/us/publications/default.aspx](https://www.Nevro.com/English/us/publications/default.aspx)

Or scan this code:



Important Information

Results may vary. Please see HFXforPDN.com/safety for important safety information.

References:

1. Petersen, E., et al. (2023). Long-term efficacy of high-frequency (10 kHz) spinal cord stimulation for the treatment of painful diabetic neuropathy: 24-Month results of a randomized controlled trial. *Diabetes Research and Clinical Practice*, 110865.
2. Hoelzer, B., et al. (2022). Indirect Comparison of 10 kHz Spinal Cord Stimulation (SCS) versus Traditional Low-Frequency SCS for the Treatment of Painful Diabetic Neuropathy: A Systematic Review of Randomized Controlled Trials. *Biomedicines*, 10, 2630.